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[www.real-lives.co.uk](http://www.real-lives.co.uk)

## Catering Menu

These are some examples of buffets we can do. We offer these buffets at the café itself for a private function or we can bring it to you. If the buffet is in the café we can offer a range of hot and cold drinks from £1 per head. Please let us know of any special dietary requirements, or if you have any special requests. We can do any of the following 100% vegan!

Prices do not include plates & cutlery and there may be a delivery charge.

### Catering Menu A - £6 per head

#### Option 1 The Crocus Buffet –

Falafel, green salad, tabouleh, red cabbage salad, pitta and hummus.

#### Option 2 The Traditional Buffet –

Two types of sandwiches, veggie sausage rolls, green salad and coleslaw.

### Catering Menu B - £8 per head

#### Option 3 The Crocus Deluxe

Falafel, samosas, green salad, bean salad, tabouleh, red cabbage salad, wedges, pitta and dips.

#### Option 4 The Traditional Deluxe

Two types of sandwiches, quiche, veggie sausage rolls, pizza rolls, green salad and coleslaw.

### Sushi £8 per head

Range of vegetarian or vegan sushi. Including temaki, maki, futomaki, edamame salad and nigiri.

We can also include cake with each of these buffets for an additional £2 per head.

### Canapes

£4.50 per head

### Crocus Classic

Falafel, Hummus and Pitta, Tapenade and Pitta, Marinated Olive and Feta sticks.

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### Italian

Range of Bruschetta (tomato basil & mozzarella, butternut squash and goats cheese, pea broad bean and feta) and Caprese salad sticks.

### Deluxe canapes £5.50 per head

#### Crocus Classic

Falafel, Hummus and Pitta, Tapenade and Pitta, mini goats cheese and onion tartlets, marinated Olive and Feta sticks

### Italian

Bruschetta (basil & mozzarella, butternut squash and goats cheese, pea broad bean and feta), focaccia, Italian sausages, caprese salad sticks

We can swap items from any of these buffets, and any special requests can be accommodated!

### Extra items-

Mini seitan sausages, scones, cheese and onion turnovers, Spanish omelette, puff pastry tarts, Stuffed peppadew peppers, stuffed baby aubergine, stuffed courgette rolls.